



10km Saturday 23rd July 2016: Results

Race No	Name	Region	Notes	Time (MM:SS)		Time(sec)	Range	Div	Place	Ref	Award
10	Ruairdh Brown	Scotland West		15	41	941	100.00%	A	1	1	Gold
28	Daniel Weston	South West		16	15	975	103.61%	A	2	2	Silver
11	Mark Burton	Scotland West		16	38	998	106.06%	A	3	3	Bronze
27	Kiera Byland	North West		16	41	1001	106.38%	A	4	4	Forth
47	Christopher Hattersley	Isle of Man	DNF	17	27	1047	111.26%	A	5	5	Fifth
25	Gary Winslow	Scotland West	DNF	17	28	1048	100.00%	B	1	7	Participation
50	Nicola Wooldridge	Isle of Man	Team Nicola	18	9	1089	103.91%	B	2	1	Gold
16	Alistair Graham	Scotland West		19	29	1169	111.55%	B	3	2	Silver
19	Derek McKenzie	Scotland West	DNF	19	46	1186	113.17%	B	4	3	Bronze
75	Scot Lander	Tayside		20	9	1209	115.36%	B	5	4	Forth
98	Ben Jacobs	South East		20	40	1240	100.00%	C	1	1	Gold
14	Shaun Gould	Scotland West		20	40	1240	100.00%	C	2	2	Silver
95	Max Muir	South East		20	56	1256	101.29%	C	3	3	Bronze
94	Luke Worgan	South East		21	7	1267	102.18%	C	4	4	Forth
20	Martin McKenzie	Scotland West	DNF	22	0	1320	106.45%	C	5	7	Participation
24	Ryan Smith	Scotland West		22	27	1347	108.63%	C	6	5	Fifth
93	Jake Bregan	South East		23	30	1410	100.00%	D	1	1	Gold
17	Ronnie Hendrie	Scotland West		24	33	1473	104.47%	D	2	2	Silver
18	David Jackson	Scotland West		24	35	1475	104.61%	D	3	3	Bronze
73	Oliver Bernard	Tayside		24	39	1479	104.89%	D	4	4	Forth
22	Leanne Peters	Scotland West		24	54	1494	105.96%	D	5	5	Fifth
59	Lee Marshall	Northern		26	24	1584	100.00%	E	1	1	Gold
77	Graham Rosie	Tayside		27	21	1641	116.38%	E	2	2	Silver
78	Paul Scott	Tayside	DNF	28	0	1680	119.15%	E	3	7	Participation

3km RR Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		5km Secs	ResultsTime (MM:SS)	Time(sec)	Range Div	Race	Place	Award
57	Terry Jennings	Northern		10	58	658		658	100.00%	Div1	1	Gold
00	Ben Lanksher	South East	1km	10	20	620		620	94.22%	Div1	2	Silver
49	Laura Oram	Isle of Man	Team Laura	11	27	687		687	104.41%	Div1	3	Bronze
12	Jordon Fraser	Scotland West		13	25	805		805	100.00%	Div2	1	Gold
79	Robert Simpson	Tayside		12	6	726		726	90.19%	Div2	2	Silver
21	David McNay	Scotland West		12	10	730		730	90.68%	Div2	3	Bronze
46	Steven Clarkson	Northern		12	2	722		722	89.69%	Div2	4	Forth
97	Leanne Yeo	South East	1km	2	32	760		760	94.41%	Div2	5	Fifth
58	Andrew Knox	Northern	1km	2	33	765		765	95.03%	Div2	6	Sixth
96	Natalie Salter	South East	1km	2	53	865		865	100.00%	Div3	1	Gold
44	Stephen Thorne	Yorkshire & Humberside		18	45	862		862	99.65%	Div3	2	Silver
45	Ella Curtis	Yorkshire & Humberside	1km	0	0	1125		1125	170.97%	Div4	1	Gold
48	Karl Monaghan	Isle of Man	1km	3	45	1125		1125	170.97%	Div4	2	Silver
92	Corinna Dios-Beckett	South East		21	18	1278		1278	194.22%	Div4	3	Bronze

15km RR Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		ResultsTime (MM:SS)	Time(sec)	Range	Div	Place	Award
10	Ruairdh Brown	Scotland West		15	41		941	100.00%	A5	1	Gold
11	Mark Burton	Scotland West		16	38		998	106.06%	A5	2	Silver
28	Daniel Weston	South West		16	15		975	103.61%	A5	3	Bronze
47	Christopher Hattersley	Isle of Man		17	28		1048	111.37%	A5	4	Forth
27	Kiera Byland	North West		16	41		1001	106.38%	A5	5	Fifth
25	Gary Winslow	Scotland West	DNF	17	30		1050	111.58%	A5	6	Sixth
16	Alistair Graham	Scotland West		19	29		1169	100.00%	B5	1	Gold
50	Nicola Wooldridge	Isle of Man	Team Nicola	18	9		1089	93.16%	B5	2	Silver
98	Ben Jacobs	South East		20	40		1240	106.07%	B5	3	Bronze

500m TT Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		ResultsTime (MM:SS)		Time(sec)	Range	Div	Race	Place	Award
60	Richard Young	Northern		2	3	1	49	109	100.00%	A1	Div1	1	Gold
99	Peter Yeo	South East		2	32	1	57	117	107.34%	B1	Div1	2	Silver
80	Adam Watson	Tayside		2	35	1	58	118	108.26%	B1	Div1	3	Bronze

5km RR Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		ResultsTime (MM:SS)		Time(sec)	Range Div	Div	Race	Place	Award
76	William Pate	Tayside		11	11			671	100.00%	C5	Div1	1	Gold
24	Ryan Smith	Scotland West		22	27			1347	200.75%	D5	Div1	2	Silver
49	Laura Oram	Isle of Man	Team Laura	11	27			687	102.38%	D5	Div1	3	Bronze
74	Kerry Duncan	Tayside		10	51			651	97.02%	C5	Div1	4	Forth
22	Leanne Peters	Scotland West		24	54			1494	100.00%	E5	Div2	1	Gold
17	Ronnie Hendrie	Scotland West		24	33			1473	98.59%	E5	Div2	2	Silver
73	Oliver Bernard	Tayside		24	39			1479	99.00%	E5	Div2	3	Bronze
21	David McNay	Scotland West		12	10			730	48.86%	E5	Div2	4	Forth
18	David Jackson	Scotland West		24	35			1475	98.73%	E5	Div2	5	Fifth
12	Jordon Fraser	Scotland West		13	25			805	100.00%	F5	Div3	1	Gold
77	Graham Rosie	Tayside		27	21			1641	203.85%	F5	Div3	2	Silver
92	Corinna Dios-Beckett	South East		21	18			1278	158.76%	F5	Div3	3	Bronze

1km TT Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		ResultsTime (MM:SS)		Time(sec)	Range	Race	Race	Place	Award
60	Richard Young	Northern		2	3	1	52	112	100.00%	A1	Div1	1	Gold
00	Ben Lanksher	South East		2	4	2	3	123	109.82%	A1	Div1	2	Silver
58	Andrew Knox	Northern		2	33	2	16	136	100.00%	B1	Div2	1	Gold
99	Peter Yeo	South East		2	32	2	20	140	102.94%	B1	Div2	2	Silver
97	Leanne Yeo	South East		2	32	2	31	151	111.03%	B1	Div2	3	Bronze
80	Adam Watson	Tayside		2	35	2	52	172	126.47%	B1	Div2	4	Forth
96	Natalie Salter	South East		2	53	2	37	157	100.00%	C1	Div3	1	Gold
45	Ella Curtis	Yorkshire & Humberside		3	8	2	47	167	106.37%	C1	Div3	2	Silver
48	Karl Monaghan	Isle of Man		3	45	2	55	175	111.46%	C1	Div3	3	Bronze

5km Saturday 23rd July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		5km Secs	ResultsTime (MM:SS)		Time(sec)	Range	Race	Place	Award
75	Scot Lander	Tayside		20	9	604.5	9	49	589	100.00%	Div1	1	Gold
94	Luke Worgan	South East		21	7	633.5	9	59	599	101.70%	Div1	2	Silver
19	Derek McKenzie	Scotland West	DNF	18	46	563	10	1	601	102.04%	Div1	3	Bronze
14	Shaun Gould	Scotland West		20	40	620	10	4	604	102.55%	Div1	4	Forth
95	Max Muir	South East		20	56	628	10	31	631	107.13%	Div1	5	Fifth
20	Martin McKenzie	Scotland West	DNF	22	0	660	8	46	526	100.00%	Div2	1	Gold
76	William Pate	Tayside		11	11	671	9	3	543	103.23%	Div2	2	Silver
57	Terry Jennings	Northern		10	58	658	10	30	630	119.77%	Div2	3	Bronze
46	Steven Clarkson	Northern		12	2	722	11	2	662	125.86%	Div2	4	Forth
93	Jake Bregan	South East		23	30	705	11	53	713	135.55%	Div2	5	Fifth
79	Robert Simpson	Tayside		12	6	726	12	29	749	142.40%	Div2	6	Sixth
59	Lee Marshall	Northern		26	24	792	12	46	766	100.00%	Div3	1	Gold
44	Stephen Thorne	Yorkshire & Humberside		14	22	862	14	30	870	113.58%	Div3	2	Silver
74	Kerry Duncan	Tayside		10	51	651	14	31	871	113.71%	Div3	3	Bronze
78	Paul Scott	Tayside	DNF	28	0	840			0	0.00%	Div3	7	Participation

25km RR Sunday 24th July 2016: Results

Race No	Name	Region	Notes	Division Time (MM:SS)		ResultsTime (MM:SS)	Time(sec)	Range Div	Div	Place	Award
10	Ruairdh Brown	Scotland West		15	41		941	100.00%	A5	1	Gold
27	Kiera Byland	North West		16	41		1001	106.38%	A5	2	Silver
28	Daniel Weston	South West		16	15		975	103.61%	A5	3	Bronze
11	Mark Burton	Scotland West		16	38		998	106.06%	A5	4	Forth
47	Christopher Hattersley	Isle of Man		17	28		1048	111.37%	A5	5	Fifth