

EVENT T1 ~ MALE 1500 METRES

HEAT 1

LANE	NO.	NAME	TEAM	1500M	LESS 15%	TIME REC	POSITION
2	196	JAMIE DANCYGER	WOR	04:45:00	04:02:00	5.09.00	1
3	44	RICHARD TURNER	WXH	06:05:00	05:10:00	5.20.28	2
4		D BELLIS				6.17.05	3

EVENT T2 ~ MALE 50 METRES WALK

HEAT 1 & 2

LANE	NO.	NAME	TEAM	50W	LESS 15%	TIME REC	POSITION
1	125	DEWEY DOUGLAS	COB	28.30	24.06		
2	157	ROBERT CLARK	NST	22.95	19.51		
3	31	CARL PATTERSON	SAN	22.00	18.70	22.81	1
4	118	SAMMY BANKS	COB	22.00	18.70	26.66	2
5	128	YOGA SINGH SOHAL	COB	17.00	14.45	27.03	3
6	4	ADAM SWINDELL	NWK	16.80	14.28	20.69	1

EVENT T3 ~ MALE 50 METRES

HEAT 1 & 2

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	125	PAUL WHITCOMBE	COB			16.68	1
2	210	AIDEN HARRIGAN	WOR	30.00	25.50	21.47	1
3	207	HARRY COLSON	WOR	25.00	21.25	23	2
5	157	ROBERT CLARK	NST	22.98	19.53	24.03	2
6	154	NIEL DINSDALE	NST	20.40	17.34	20.19	1

HEAT 3

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	117	ADAM BAILEY	COB	17.50	14.88		
2	22	ANTONIO DOUGLAS	SAN	17.07	14.51		
3	67	PAUL WHITCOMBE	DUD	16.50	14.03		
4	126	PAUL COOK	COB	16.00	13.60		

HEAT 4

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	117	ADAM BAILEY	COB	15.00	12.75	14.13	1
2	25	LEROY HOWARD	SAN	14.90	12.67	14.26	3
3	231	JONATHAN BEVERLEY	SHE	14.38	12.22	17.53	5
4	61	DARREN JAMIESON	DUD	14.00	11.90	14.25	2
5	209	BEN HANDLEY	WOR	14.00	11.90	15.72	4

HEAT 5

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	235	JONATHAN MacDONALD	SHE	13.70	11.65	13.53	5
2	58	PHILIP COOKSEY	DUD	13.60	11.56	11.69	2
3	152	GYORG JAKAB	NST	13.52	11.49	13.38	4
4	218	RICHARD DAYKIN	RED	13.40	11.39	11.40	1
5	128	YOGA SINGH SOHAL	COB	13.00	11.05	11.94	3

EVENT T3 ~ MALE 50 METRES

HEAT 6

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	135	ARCHIE JAMES	COB	12.50	10.63	12.1	4
2	258	SAM THATCHER-McGILLION	WOR	12.50	10.63	11.64	3
3	31	CARL PATTERSON	SAN	12.40	10.54	12.15	5
4	127	STUART NICKOLDS	COB	12.30	10.46	11.27	1
5	164	DANIEL MARSH	NST	12.09	10.28		
6	224	GRAHAM ROBB	RED	12.10	10.29	11.46	2
7	198	ANDREW HARPER	WOR	12.10	10.29		

HEAT 7

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	211	JON WILLIAMS	WOR	12.00	10.20		
2	73	ANDREW LAMBERT	DUD	11.96	10.17		
3	216	SAM DICKENSON-BENNETT	WOR	11.90	10.12		1
4	232	TOM BRENNEN	SHE	11.80	10.03		3
5	70	DEAN GRIFFITHS	DUD	11.79	10.02		2
6	21	LUKE COOPER-McKENNA	SAN	11.50	9.78		

HEAT 8

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	116	JEEVAN AUTHI	COB	11.50	9.78	13.07	5
2	257	MAX THATCHER-McGILLION	WOR	11.50	9.78	12.07	4
3	230	BEN BAKER	SHE	11.48	9.76	13.1	6
4	251	LEWIS BALL*	SAN	11.40		11.84	3
5	98	RICHARD WOOD	COL	11.00	9.35	11.56	2
6	253	DANIEL NOWELL*	WOR	11.00		11.38	1

HEAT 9

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	71	MATTHEW BATHAM	DUD	10.80	9.18	12.97	5
2	134	ALFIE JAMES	COB	10.80	9.18	10.37	3
3	4	ADAM SWINDELL	NWK	10.60	9.01	10.5	4
4	55	CRAIG HANNAH	DUD	10.50	8.93	9.9	2
5	101	JACK OWENS	COL	10.40	8.84	9.47	1

HEAT 10

LANE	NO.	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	57	SHANE BRETTE	DUD	10.25	8.71		
2	5	COLIN BURNYEAT	NWK	10.21	8.68		
3	248	DOMINIC BARNETT	SOL	10.11	8.59	10.38	3
4	100	SHAY WILLIAMS	COL	10.10	8.59	9.47	2
5	208	RICHARD ALLEN-TREW	WOR	10.00	8.50	9.03	1

HEAT 1

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	126	PAUL COOK	COB	36.00	30.60		
2	70	DEAN GRIFFITHS	DUD	33.20	28.22		
3	33	JACK CLARKE*	SAN	33.00			

HEAT 2

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION	
1	67	PAUL WHITCOMBE	DUD	29.00	24.65	31.12	3	
2	47	ADAM ROBERTS	WXH	28.00	23.80	29.53	2	
3	221	JONATHAN WEDGBURY	RED	29.00	24.65	22.66		
4	73	ANDREW LAMBERT*	DUD	28.00				
						DEAN GRIFFITHS	29.06	1

HEAT 3

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	58	PHILIP COOKSEY	DUD	27.81	23.64	23.78	1
2	71	MATTHEW BATHAM	DUD	27.20	23.12		
3	98	RICHARD WOOD	COL	27.00	22.95	22	
4	218	RICHARD DAYKIN	RED	27.00	22.95	21.75	
5	224	GRAHAM ROBB	RED	27.00	22.95	22.04	

HEAT 4

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	95	WILLIAM BROCKLEHURST	COL	26.00	22.10		
2	117	ADAM BAILEY	COB	26.00	22.10	24.09	1
3	156	NEIL POINTON	NST	26.50	22.53	24.97	2
4	38	GARETH HOPWOOD	WXH	26.00	22.10		
5	35	BILLY ROBERTS	WXH	25.00	21.25	25.45	3
6	135	ARCHIE JAMES	COB	25.00	21.25	26.37	4

HEAT 5

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	164	DANIEL MARSH	NST	24.29	20.65		
2	24	MICHAEL HAWES	SAN	24.10	20.49	22.58	2
3	55	CRAIG HANNAH	DUD	24.00	20.40	19.94	
4	222	STEVEN COOPER	RED	24.00	20.40	20.62	1
5	127	STUART NICKOLDS	COB	23.00	19.55	25.15	4
6	134	ALFIE JAMES	COB	23.00	19.55	23.03	3

HEAT 6

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
	116	JEEVAN AUTHI	COB	22.60	19.21	25.69	3
	101	JACK OWENS	COL	22.50	19.13	18.87	
	40	NEIL MORRIS	WXH	22.00	18.70	18.97	2
	46	ALEX HALL	WXH	22.00	18.70	17.81	
	137	JORDAN GREEN*	COB	22.00		16.62	1

EVENT T4 ~ MALE 100 METRES

HEAT 7

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	65	IZAK GUY	DUD	21.66	18.41	22.08	2
2	100	SHAY WILLIAMS	COL	21.50	18.28	17.56	
3	1	MICHAEL BAUGHAN	NWK	21.40	18.19	22.53	3
4	32	DAVID WESTBURY	SAN	21.40	18.19	19.78	1
5	57	SHANE BRETTLE	DUD	21.36	18.16		

HEAT 8

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	23	SEAN FLYNN	SAN	21.00	17.85	21.85	4
2	59	IAN DAWES	DUD	21.00	17.85	19.98	2
3	170	RYAN BOURNE	NST	21.00	17.85	20.41	3
4	205	RITCHIE STYLES	WOR	21.00	17.85	19.88	1
5	237	DANIEL HUDSON	SHE	21.00	17.85		

HEAT 9

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	236	NICHOLAS MANN	SHE	20.75	17.64	23.15	3
2	110	MATTHEW WIDDON	WOL	20.25	17.21	25	4
3	28	DAVID POOLE	SAN	20.09	17.08		
4	36	CHRIS WILLIAMS	WXH	20.00	17.00		
5	130	NICHOLAS HIBBARD	COB	20.00	17.00	18.57	1
6	100	JOSHUA MOBLEY	COL	20.00	17.00	19.22	2

HEAT 10

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	136	THOMAS BASSETT*	COB	20.00		18.88	1
2	150	MALCOLM CASS	NST	20.00	17.00	19.3	3
3	206	DUNCAN BIRD	WOR	20.00	17.00	20.46	4
4	214	BEN LEONG	WOR	20.00	17.00	19.28	2

HEAT 11

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	62	CHRIS MORGAN	DUD	19.62	16.68	16.37	
2	153	ANTHONY EATON	NST	19.50	16.58	20.03	4
3	167	ADAM BRADSHAW	NST	19.35	16.45	22	3
4	109	JACK LEWIS	WOL	19.22	16.34	20.91	6
5	20	JORDAN SAXTON	SAN	19.20	16.32	17.51	1
6	219	SHANE DENNIS	RED	19.20	16.32	17.81	2
7	248	DOMINIC BARNETT	SOL	19.06	16.20	20.15	5

HEAT 12

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	18	JOHN BROADLEY	SAN	19.04	16.18	22.55	6
2	42	TONY GITTINS	WXH	19.00	16.15	16.75	2
3	97	MICHAEL WOOD	COL	19.00	16.15	16.66	1
4	112	DAN ATTREE	WOL	19.00	16.15	16.78	3
5	132	SEAN WEAVER	COB	19.00	16.15	22.06	5
6	200	MATTHEW JONES	WOR	19.00	16.15	16.8	4

EVENT T4 ~ MALE 100 METRES

HEAT 13

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	259	MATTHEW WORRELL	WOL	18.12	15.40	17.8	3
2	39	MICHAEL KYFFIN-JONES	WXH	18.90	16.07		
3	151	LEE JONES	NST	18.80	15.98	18.69	4
4	48	DAMON HUGHES	WXH	18.70	15.90	17.47	1
5	99	JOE WILLIAMSON	COL	18.70	15.90		
6	66	ELLIOT GUY	DUD	18.60	15.81	17.62	2

HEAT 14

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	223	MATTHEW PAGE	RED	18.50	15.73	15.4	
2	123	JACK GORDAN	COB	18.50	15.73	17.9	1
3	215	NEIL SAMUELS	WOR	18.50	15.73	18.47	2
4	74	JAMIE ROOSOOKU	DUD	18.40	15.64	19.22	3
5	29	GLEN LOVE	SAN	18.30	15.56	20.01	4
6	26	SATNAM SINGH	SAN	18.20	15.47	20.88	5

HEAT 15

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	133	DION HONER	COB	18.20	15.47	18.46	5
2		ANTONIO DOUGLAS				17.78	3
3	115	JOSHUA ALEXANDER	COB	18.00	15.30	16.84	2
4	204	MARK LEEDHAM	WOR	18.00	15.30	17.8	4
5	217	TOM BEVAN	WOR	18.00	15.30	16.46	1

HEAT 16

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	168	STEPHEN FARMER	NST	17.90	15.22	17.93	4
2	161	BEN LOVATT	NST	17.60	14.96	16.13	2
3	19	PAUL COLLINS	SAN	17.52	14.89	18.84	7
4	122	MARK DAVIES	COB	17.50	14.88	18.25	5
5	212	GARY TURNBULL	WOR	17.50	14.88	18.75	6
6	247	WILLIAM MORAN	SOL	17.46	14.84	15.66	1
		GARY STARKEY				16.6	3

HEAT 17

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	249	NEIL DERWENT	SOL	17.40	14.79	16.5	3
2	108	THOMAS MACHIN	WOL	17.28	14.69	16.8	5
3	243	MAX HALBARD	SOL	17.08	14.52		
4	30	WILLIAM MADELEY	SAN	17.02	14.47	18.97	6
5	64	DEAN YATES	DUD	17.00	14.45	16.69	4
6	93	NIALL MOLLOY	COL	17.00	14.45	16.22	1
7	199	LEON EVANS-LOCKLIN	WOR	17.00	14.45	16.4	2

EVENT T4 ~ MALE 100 METRES

HEAT 18

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	242	JAMIE THURSTON	SOL	16.97	14.42		
2	68	MATTHEW BONNER	DUD	16.90	14.37	17.13	2
3	159	DANIEL HOPE	NST	16.90	14.37	16.75	1
4	166	JAMES LANDER	NST	16.90	14.37	17.28	3
5	114	ALFIE TALBOT	WOL	16.79	14.27	17.4	4

HEAT 19

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	56	JOHN HAZEL	DUD	16.75	14.24	15.63	3
2	155	JAMES LATHAM	NST	16.70	14.20	15.56	2
3	60	KARL NUTTING	DUD	16.59	14.10	16.13	5
4	6	ANDREW BULLZACCHELLI	NWK	16.50	14.03	17.62	6
5	220	NEAL JOBLING	RED	16.50	14.03	16.03	4
6	34	GREG VICKERS	WXH	16.50	14.03	15.06	1

HEAT 20

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	89	THOMAS SPRAGG	COL	16.50	14.03	15.07	1
2	94	LEWIS SPRAGG	COL	16.50	14.03	15.4	2
3	259	DANIEL JONES	DUD	16.50	14.03	16.03	5
4	158	SHAUN WOOD	NST	16.50	14.03	15.44	3
5	201	MARTIN JONES	WOR	16.50	14.03	15.94	4
6	213	CHAD WYCHERLEY	WOR	16.50	14.03	16.13	6
7	234	NATHAN HILL	SHE	16.38	13.92	16.41	7

HEAT 21

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	165	OSCAR SCHOLES	NST	16.23	13.80	15.86	4
2	160	TOM PORTER	NST	16.22	13.79	15.43	2
3	41	PETER LOFTUS	WXH	16.00	13.60	15.09	1
4	163	ZAK BURTON	NST	16.00	13.60	15.63	3
5	202	JORDAN WATT	WOR	16.00	13.60	16.72	6
6	203	ANDREW BATCHELOR	WOR	16.00	13.60	15.97	5

HEAT 22

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	45	JAKE SMUTS	WXH	15.00	12.75	14.09	1
2	120	JELANI BROWN	COB	15.00	12.75		
3	3	JASON BRIDGES	NWK	15.93	13.54		
4	162	JOE COUCHENE*	NST	15.80		14.38	3
5	96	JOSH OSBOURNE	COL	15.60	13.26	14.16	2
6	246	JAMES HARRISON	SOL	15.60	13.26		

EVENT T4 ~ MALE 100 METRES

HEAT 23

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	92	ANDREW CADDICK	COL	15.50	13.18		
2	244	GEORGE THOMAS	SOL	15.50	13.18	17.47	2
3	245	JACK HARVEY	SOL	15.20	12.92		
4	119	ADRIAN BROWN	COB	15.10	12.84		
5	131	MARTIN McKAY	COB	15.00	12.75	15.44	1

HEAT 24

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	129	ANTHONY HIBBARD	COB	14.50	12.33	14.4	3
2	233	STEPHEN DAWSON	SHE	14.77	12.55	14.49	5
3	169	MATT VALENTINE	NST	14.60	12.41	15.09	6
4	91	DANIEL TELFORD	COL	14.40	12.24	13.97	1
5	63	ADRIAN YATES	DUD	14.20	12.07	DNF	
6	197	IAN HARPER	WOR	14.00	11.90	14.12	2
		JOHN HAYES				14.47	4

HEAT 25

LANE	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	90	DAVID MILL	COL	12.50	10.63	11.94	1
2	195	RICHARD MURPHY	WOR	12.50	10.63	12.57	2

EVENT T5 ~ MALE 200 METRES

HEAT 1 & 2

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	162	JOE COUCHENE*	NST	86.00			
2	259	MATTHEW WORRELL	WOL	72.00	61.20	38.25	
3	38	GARETH HOPWOOD	WXH	62.00	52.70		
4	47	ADAM ROBERTS	WXH	60.00	51.00	52.03	1
5	167	ADAM BRADSHAW	NST	59.86	50.88	50.25	
6	156	NEIL POINTON	NST	58.85	50.02	53.81	2

HEAT 3 & 4

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	170	RYAN BOURNE	NST	57.65	49.00	44.53	
2	28	DAVID POOLE	SAN	53.80	45.73		
3	222	STEVEN COOPER	RED	48.00	40.80	49.59	2
4	236	NICHOLAS MANN	SHE	46.60	39.61	45.53	1
5	36	CHRIS WILLIAMS	WXH	46.00	39.10		

HEAT 5

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	65	IZAK GUY	DUD	45.90	39.02	53.07	2
2	59	IAN DAWES	DUD	45.30	38.51	45.06	1
3	40	NEILMORRIS	WXH	45.00	38.25		
4	1	MICHAEL BAUGHAN	NWK	44.70	38.00		
5	99	JOE WILLIAMSON	COL	44.00	37.40		

EVENT T5 ~ MALE 200 METRES

HEAT 6

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	100	JOSHUA MOBLEY	COL	43.00	36.55	41.91	6
2	46	ALEX HALL	WXH	43.00	36.55	38.06	1
3	153	ANTHONY EATON	NST	42.87	36.44	41.56	4
4	219	SHANE DENNIS	RED	42.50	36.13	39.23	2
5	150	MALCOLM CASS	NST	42.20	35.87	43	7
6	130	NICHOLAS HIBBARD*	COB	42.00		41.7	5
7	215	NEIL SAMUELS	WOR	42.00	35.70	41.22	3

HEAT 7

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	243	MAX HALBARD	SOL	41.00	34.85		
2	66	ELLIOT GUY	DUD	40.36	34.31	40.62	3
3	151	LEE JONES	NST	40.05	34.04	42.13	4
4	95	WILLIAM BROCKLEHURST	COL	40.00	34.00		
5	97	MICHAEL WOOD	COL	40.00	34.00	37.47	1
6	133	DION HONER	COB	40.00	34.00	39.35	2

HEAT 8

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	42	TONY GITTINS	WXH	39.50	33.58	35.37	1
2	166	JAMES LANDER	NST	39.40	33.49	35.96	3
3	247	WILLIAM MORAN	SOL	38.94	33.10	35.84	2
4	234	NATHAN HILL	SHE	38.13	32.41	36.84	4

HEAT 9

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	48	DAMON HUGHES	WXH	38.00	32.30	36.5	3
2	64	DEAN YATES	DUD	38.00	32.30	36.71	5
3	89	THOMAS SPRAGG	COL	38.00	32.30	33.13	1
4	93	NIALL MOLLOY	COL	38.00	32.30	35.19	2
5	115	JOSHUA ALEXANDER	COB	38.00	32.30	36.59	4
6	212	GARY TURNBULL	WOR	38.00	32.30	37.06	6

HEAT 10

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	62	CHRIS MORGAN	DUD	37.76	32.10	36.53	2
2	122	MARK DAVIES	COB	37.00	31.45	38.9	3
3	213	CHAD WYCHERLEY	WOR	37.00	31.45	34.47	1

HEAT 11

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	168	STEPHEN FARMER	NST	36.90	31.37	41.9	5
2	161	BEN LOVATT	NST	36.60	31.11	34.78	2
3	6	ANDREW BULLZACHELLI	NWK	36.42	30.96	37	4
4	160	TOM PORTER	NST	36.40	30.94	33.16	1

GARY STARKEY

34.9

3

EVENT T5 ~ MALE 200 METRES

HEAT 12

1 NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
2	223 MATTHEW PAGE	RED	36.30	£30.86	32.75	1
3	113 JAIDEN TUTT	WOL	36.10	£30.69	36.53	4
4	60 KARL NUTTING	DUD	36.02	£30.62	34.78	2
5	220 NEAL JOBLING	RED	36.00	£30.60	35	3

HEAT 13

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	56	JOHN HAZEL	DUD	35.00	£29.75	32.97	3
2	92	ANDREW CADDICK	COL	35.00	£29.75		
3	94	LEWIS SPRAGG	COL	35.00	£29.75	32.18	2
4	158	SHAUN WOOD	NST	35.00	£29.75	33.81	4
5	197	IAN HARPER	WOR	35.00	£29.75	30.5	1

HEAT 14

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	163	ZAK BURTON	NST	34.94	29.70	33.41	3
2	68	MATTHEW BONNER	DUD	34.90	29.67	36.28	6
3	159	DANIEL HOPE	NST	34.70	29.50	34.92	5
4	165	OSCAR SCHOLES	NST	34.70	29.50	31.84	2
5	259	DANIEL JONES	DUD	34.63	29.44	34.28	4
6	246	JAMES HARRISON	SOL	34.60	29.41		
7	45	JAKE SMUTS	WXH	34.50	29.33	30.19	1

HEAT 15

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	244	GEORGE THOMAS	SOL	34.47	29.30	35.58	4
2	114	ALFIE TALBOT	WOL	34.25	29.11	37.53	5
3	2	NEIL PARSONS	NWK	34.19	29.06		
4	41	PETER LOFTUS	WXH	34.00	28.90	30.91	2
5	129	ANTHONY HIBBARD	COB	34.00	28.90	30.63	1
6	201	MARTIN JONES	WOR	34.00	28.90	33.53	3

HEAT 16

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	202	JORDAN WATT	WOR	33.00	28.05	31	4
2	233	STEPHEN DAWSON	SHE	33.00	28.05	30.16	3
3	63	ADRIN YATES	DUD	32.90	27.97		
4	111	SAM SMITH	WOL	32.28	27.44	28.13	1
5	96	JOSH OSBOURNE	COL	32.00	27.20	29.85	2
6	119	ADRIAN BROWN	COB	32.00	27.20		

HEAT 17

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	120	JELANI BROWN	COB	31.00	26.35		
		JOHN HAYES				30.31	2
3	169	MATT VALENTINE	NST	30.90	26.27	30.94	3
4	91	DANIEL TELFORD	COL	29.80	25.33	29.59	1

EVENT T5 ~ MALE 200 METRES

HEAT 18

LANE	NO.	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
	184	OLIVER MINNS	OP	27.42	23.31	26.6	4
	90	DAVID MILL	COL	27.00	22.95	24.59	3
	194	BEN O'BRIEN	WOR	27.00	22.95		
	27	ROBERT PEARSALL	SAN	25.40	21.59	24.41	1
	195	RICHARD MURPHY	WOR	25.00	21.25	25.57	2

EVENT 6 ~ MALE 400 METRES

HEAT 1

LANE	NO.	NAME	TEAM	400M	LESS 15%	TIME REC	POSITION
	110	MATTHEW WIDDON	WOL	144.00	122.40	2.07.46	7
	109	JACK LEWIS	WOL	130.00	110.50	2.00.87	6
	74	JAMIE ROSOOKH	DUD	120.00	102.00	1.37.09	4
	113	JAIDEN TUTT	WOL	110.00	93.50	1.23.5	1
	108	THOMAS MACHIN	WOL	100.30	85.26	1.34.38	3
		MATTHEW WORRALL				1.45.07	5
		ALFIE TALBOT				1.30.15	2

HEAT 2

LANE	NO.	NAME	TEAM	400M	LESS 15%	TIME REC	POSITION
	111	SAM SMITH	WOL	83.00	70.55		
	37	DAVID BELLIS	WXH	80.00	68.00	1.15.32	2
	72	JOE COCHRANE				1.18.31	3
	17	SCOTT BRADLEY	SAN	70.90	60.27	1.06.97	1

HEAT 3

LANE	NO.	NAME	TEAM	400M	LESS 15%	TIME REC	POSITION
	27	ROBERT PEARSALL	SAN	60.40	51.34	57.28	1
	184	OLIVER MINNS	OP	60.29	51.25	1.00.94	2
	69	PETER BIRDI	DUD	60.10	51.09	1.08.81	4
	194	BEN O'BRIEN	WOR	56.00	47.60	1.05.03	3

EVENT T7 ~ MALE 800 METRES

HEAT 1 & 2 & 3

LANE	NO.	NAME	TEAM	800M	LESS 15%	TIME REC	POSITION
	196	JAMIE DANCYGER	WOR	02:35:00	02:11:45	2.35.28	1
	44	RICHARD TURNER	WXH	02:20:00	01:59:00	2.46.16	2
	72	MORGAN CAMWELL	DUD	03:08:00	02:39:48		
	69	PETER BIRDI*	DUD	03:00:00		3.29.69	1
	2	NEIL PARSONS	NWK	03:14:00	02:44:54		
	37	DAVID BELLIS	WXH	06:15:00	05:18:45		

EVENT F1 ~ FEMALE SOFT BALL THROW

HEAT 1

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
149	ELOISE HIBBARD*	COB	4.00	4.80	3.52	6
177	MAI ANDREWS	NST	4.22	5.06	4.07	5
7	SAMANTHA WALTERS	NWK	4.30	5.16	5.61	2
143	TEHSEEN MEGHANI	COB	4.50	5.40	5.03	3
81	REBECCA STOCKTON	DUD	5.00	6.00	5.65	1
172	RUTH WHEAWALL	NST	5.00	6.00	4.97	4

HEAT 2

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
146	KATY AUSTIN	COB	6.00	7.20		
148	ANITA GAVIN	COB	6.00	7.20		
239	SOPHIE PARTRIDGE	SOL	6.00	7.20		
171	KIM STIRLAND	NST	6.20	7.44	5.82	2
178	PAT COUSIN	NST	6.34	7.61	5.61	3
54	LESLEY BUTT	WXH	6.50	7.80	6.04	1

HEAT 3

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
174	PAULA MASON	NST	6.50	7.80	4.24	5
77	GEMMMA HARPER			0.00	7.11	2
139	PAULINE FAGON	COB	7.00	8.40	6.54	4
236	LAUREN FRANCIS	RED	7.00	8.40	7.42	1
52	RUDI ZAMAN	WXH	7.50	9.00	7.04	3
192	LOIS FARLEY	WOR	7.70	9.24		

HEAT 4

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
147	CHERYL DADD	COB	8.50	10.20		
80	GILLIAN RUSHTON	DUD	8.74	10.49	7.53	3
182	LYNN MAWMAN	NST	8.93	10.72	7.23	4
145	BERNADETTE PALGRAVE	COB	9.00	10.80	10.29	2
173	MICHELLE PARKER	NST	9.64	11.57	10.62	1

HEAT 5

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
139	PAULINE FAGON	COB	10.00	12.00		
176	JANE BROUGH	NST	10.17	12.20	11.23	3
250	GEORGINA CHILDS	RED	10.18	12.22	11.46	1
138	REBECCA BURNELL	COB	11.00	13.20	11.36	2
175	BENTLEY	NST	11.48	13.78	11.05	4

HEAT 6

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
254	JESSICA HILES	RED	12.18	14.62	10.84	2
228	BETHAN MORGAN	SHE	12.20	14.64	11.24	1
8	SARA BAXTER	NWK	12.60	15.12		
241	ELLIE WILSON	SOL	13.50	16.20		

EVENT F1 ~ FEMALE SOFT BALL THROW

HEAT 7

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
106	IMOGEN HOPKINS	COL	14.00	16.80	12.37	3
255	LIBBY FARRINGTON	RED	15.53	18.64	11.18	4
225	LURIE BROOKS	RED	15.90	19.08	17.04	1
50	LAURA WATSON	WXH	16.00	19.20	14.94	2

HEAT 8 & 9

NO.	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
105	LEANNE READING	COL	17.00	20.40	14.68	1
238	HOLLY SMYTH	SOL	17.00	20.40	13.01	2
9	ELIZABETH TOMPKINSON	NWK	17.50	21.00	9.29	3
240	AAFREEN REHMAN	SOL	18.50	22.20	16.52	3
103	ABBIE DRAPER	COL	19.00	22.80	18.21	2
191	NELUM BANDERS*	WOR	19.00		19.38	1
75	EMMA BYARD	DUD	20.00	24.00		

EVENT F2 ~ FEMALE MINI JAVLIN

HEAT 1

NO	NAME	TEAM	JAVLI N	DIST REC	POSITION
139	PAULINE FAGON*	COB	5.10	4.14	3
142	AMANDA LAWFORD*	COB	7.10	5.64	2
254	JESSICA HILES*	RED	5.00	6.3	1

EVENT F3 ~ FEMALE SHOT PUTT

HEAT 1

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
54	LESLEY BUTT	WXH	1.70	2.04	1.58	1
86	GEMMA HARPER	DUD	2.20	2.64		
79	FELICITY PITT	DUD	2.30	2.76	2.8	DQ

HEAT 2

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
84	DEANA DAVIES	DUD	2.50		2.21	
53	TRACEY WILLIAMS	WXH	2.60		2.79	
49	GAYNOR JONES	WXH	2.70		3	
85	LOUISE PASSEY	DUD	2.80			

HEAT 3

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
78	RACHEL SHAW	DUD	3.00	3.60	2.27	7
87	ELLEN MUNDON	DUD	3.52	4.22	3.68	4
190	DANIELLE PARKER	WOR	3.60	4.32	3.72	3
187	KATIE ALLEN-TREW	WOR	3.60	4.32	3.54	5
14	MANDY WARNER	SAN	3.60	4.32		
10	CAROLINE COOPER	SAN	3.80	4.56	3.49	6
83	JULIE SLATTER	DUD	3.95	4.74	3.86	2
227	STACEY EVERILL	RED	3.95	4.74	3.97	1

EVENT F3 ~ FEMALE SHOT PUTT

HEAT 4

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
11	EMMA NOBLE	SAN	4.00	4.80	5.31	
13	ELIZABETH MILWARD	SAN	4.00	4.80	4.04	3
188	JENNY CHESTERMAN	WOR	4.00	4.80	3.72	5
189	ELLIE JONES	WOR	4.00	4.80	4.28	1
186	DEBBIE ALLEN-TREW	WOR	4.20	5.04	4.08	2
142	AMANDA LAWFORD	COB	4.20	5.04	4.28	1
144	SHARON OLIVIER	COB	4.50	5.40	3.97	4
181	GEMMA MOSS	NST	4.53	5.44		

HEAT 5

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
229	HEATHER LONGDON	SHE	5.03	6.04	4.75	4
15	NATALIE WALKER	SAN	5.12	6.14	5.81	1
16	CARLY WAKELAM	SAN	5.21	6.25	5.22	3
12	ROSEMARY TAYLOR	SAN	5.31	6.37	5.22	3
140	ANN JEPHCOTT	COB	5.50	6.60	5.29	2

HEAT 6

NO	NAME	TEAM	SHOT	ADD20%	DIST REC	POSITION
180	VICTORIA ILLES	NST	6.33	7.60	5.66	2
51	MEGAN WEETMAN	WXH	6.90	8.28	7.08	1

EVENT F4 ~ FEMALE STANDING LONG JUMP

HEAT 1							
NO	NAME	TEAM	SLJ	ADD20%	DIST REC	POSITION	
192	LOIS FARLE	WOR	0.20	0.24			
53	TRACEY WI	WXH	0.40	0.48	0.32	4	
183	MELISA W/	NST	0.40	0.48	0.44	3	
49	GAYNOR JC	WXH	0.60	0.72	0.5	2	
227	STACEY EVI	RED	0.69	0.83	0.55	1	

HEAT 2

NO	NAME	TEAM	SLJ	ADD20%	DIST REC	POSITION	
107	BELLA CARICOL		0.80	0.96	1.01		
52	RUDI ZAM/	WXH	0.90	1.08	0.91	2	
228	BETHAN M	SHE	0.91	1.09	0.98	1	
241	ELLIE WILS	SOL	1.00	1.20			

HEAT 3

NO	NAME	TEAM	SLJ	ADD20%	DIST REC	POSITION	
176	JANE BROUNST		1.01	1.21	1.17	1	
14	MANDY W/	SAN	1.10	1.32			
252	SERENA BE	WOR	1.10	1.32	1.09	3	
16	CARLY WA	SAN	1.10	1.32	1.12	2	

EVENT F4 FEMALE STANDING LONG JUMP

HEAT 4

NO	NAME	TEAM	SLJ	ADD20%	DIST REC	POSITION	
50	LAURA WA	WXH	1.20	1.44	1.14	3	
104	SHONA OKICOL		1.20	1.44	1.22	2	
187	KATIE ALLE	WOR	1.20	1.44	1.13	4	
188	JENNY CHE	WOR	1.20	1.44	1.25	1	
189	ELLIE JONE	WOR	1.20	1.44	1.12	5	

HEAT 5 & 6

NO	NAME	TEAM	SLJ	ADD20%	DIST REC	POSITION	
229	HEATHER L	SHE	1.23	1.48	1.22	1	
12	ROSEMARY	SAN	1.25	1.50	1.17	2	
82	SHANNON	DUD	1.25	1.50	0.75	3	
75	GENNA HARPER				0.64	4	
256	LAUREN LC	DUD	1.45	1.74	1.3	3	
191	NELUM BA	WOR	1.70	2.04	1.71	2	
15	NATALIE W	SAN	1.52	1.82	1.53	2	

EVENT F5 ~ FEMALE RUNNING LONG JUMP

HEAT 1 & 2 & 3

NO	NAME	TEAM	RLJ	ADD20%	DIST REC	POSITION
10	CAROLINE	SAN	1.35	1.62	1.53	3
76	BECKY PRO	DUD	1.60	1.92	1.66	1
179	ASHLEIGH	INST	1.70	2.04	1.62	2
51	MEGAN	WIWXH	1.90	2.28	2.14	2
11	EMMA	NOISAN	1.91	2.29	2.1	3
193	REBECCA	G WOR	1.92	2.30		
13	ELIZABETH	SAN	2.04	2.45	2.19	1
185	AMELIA M/	WOR	3.50	4.20	2.54	2
88	HETTY	BAR OP	4.17	5.00	4.17	1

EVENT T8 ~ FEMALE 50 METRE WALK							
HEAT 1							
LANE	NO	NAME	TEAM	50M WALK	LESS 15%	TIME REC	POSITION
1	228	BETHAN MORGAN	SHE	21.00	17.85	24.85	1
2	9	ELIZABETH TOMPKINSON	NWK	22.10	18.79	34.41	3
3	8	SARA BAXTER	NWK	23.60	20.06		
4	254	JESSICA HILES	RED	26.33	22.38	27.15	2
HEAT 2 & 3							
LANE	NO	NAME	TEAM	50M WALK	LESS 15%	TIME REC	POSITION
1	81	REBECCA STOCKTON	DUD	27.10	23.04	25.96	2
2	143	TEHSEEN MEGHANI	COB	30.00	25.50	25.94	1
3	182	LYNN MAWMAN	NST	31.20	26.52	19.87	
4	139	PAULINE FAGON	COB	37.00	31.45	51.08	3
5	7	SAMANTHA WALTERS	NWK	32.70	27.80	36.07	2
6	54	LESLEY BUTT	WXH	35.00	29.75	34.16	1
EVENT T9 ~ FEMALE 50 METRES							
HEAT 1							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	75	EMMA BYARD	DUD	10.60	9.01		
2	226	LAUREN FRANCCIS	RED	10.40	8.84	10.44	1
3	86	GEMMA HARPER	DUD	11.00	9.35	12.85	4
4	238	HOLLY SMYTH	SOL	11.50	9.78	11	2
5	175	BENTLEY	NST	11.95	10.16	11.6	3
HEAT 2							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	87	ELLEN MUNDON	DUD	12.00	10.20	11.79	1
2	104	SHONA OKEEFE	COL	12.00	10.20	12.56	2
3	149	ELOISE HIBBARD	COB	12.10	10.29	12.58	3
4	239	SOPHIE PARTRIDGE	SOL	12.40	10.54		
5	79	FELICITY PITT	DUD	12.60	10.71	13.18	5
6	187	KATIE ALLEN-TREW	WOR	12.80	10.88	12.63	4
HEAT 3							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	140	ANN JEPHCOTT	COB	13.00	11.05	13.13	3
2							
3	107	BELLA CARPENTER	COL	13.00	11.05	11.56	1
4	80	GILLIAN RUSHTON	DUD	13.50	11.48	13.38	4
5	78	RACHEL SHAW	DUD	13.53	11.50	12.56	2
HEAT 4							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
1	77	LAURA BEASLEY	DUD	14.00	11.90		
2	84	DEANA DAVIES	DUD	14.00	11.90	15.55	3
3	138	REBECCA BURNELL	COB	14.00	11.90	13.75	2
4	145	BERNADETTE PALGRAVE	COB	14.00	11.90	15.65	4
5	173	MICHELLE PARKER	NST	14.02	11.92	13	1
6	9	ELIZABETH TOMPKINSON	NWK	14.10	11.99		
7	182	LOIS FARLEY	WOR	14.10	11.99		

EVENT T9 ~ FEMALE 50 METRES							
HEAT 5							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
	8	SARA BAXTER	NWK	15.30	13.01		
	172	RUTH WHEAWALL	NST	16.25	13.81	15.65	2
	171	KIM STIRLAND	NST	16.33	13.88	16.16	3
	183	MELISA WALKER	NST	16.59	14.10	15.5	1
HEAT 6							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
	147	CHERYL DADD	COB	17.00	14.45		
	174	PAULA MASON	NST	17.20	14.62	14.31	
	146	KATY AUSTIN	COB	17.50	14.88		
HEAT 7							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
	143	TEHSEEN MEGHANI	COB	18.00	15.30	18.1	2
	148	ANITA GAVIN	COB	18.50	15.73		
	81	REBECCA STOCKTON	DUD	18.60	15.81	17.63	1
HEAT 8 & 9							
LANE	NO	NAME	TEAM	50M	LESS 15%	TIME REC	POSITION
	1	227 STACEY EVERILL	RED	19.80	16.83	18.56	1
	2	178 PAT COUSIN	NST	19.70	16.75	19.75	2
	3	182 LYNN MAWMAN	NST	19.80	16.83		
	5	177 MAI ANDREWS	NST	21.30	18.11	21	1
	6	7 SAMANTHA WALTERS	NWK	23.40	19.89	23.06	2
EVENT T10 ~ FEMALE 100 METRES							
HEAT 1 & 2							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
	1	88 HETTY BARTLETT	OP	13.82	11.75	13.97	1
	2	185 AMELIA MARTIN	WOR	15.00	12.75	16.33	2
	3	103 ABBIE DRAPER	COL	16.80	14.28	16.78	3
	4	193 REBECCA GOULD	WOR	17.00			
	5	191 NELUM BANDERA*	WOR	17.00	14.45	16.5	2
	6	11 EMMA NOBLE	SAN	17.00	14.45	16.65	3
	7	179 HOUGHTON	NST	17.52	14.89	16.13	1
HEAT 3							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
	1	105 LEANNE READING	COL	18.00	15.30	17.68	1
	1	240 AAFREEN REHMAN	SOL	18.20	15.47	18.38	2
	2	225 LAURIE BROOKS	RED	18.70	15.90	18.53	4
	3	190 DANIELLE PARKER	WOR	19.00	16.15	19.32	6
	4	250 GEORGINA CHILDS	RED	19.47	16.55	18.53	4
	5	13 ELIZABETH MILWARD	SAN	19.90	16.92	20.75	7
	6	79 BECKY PROSSER	DUD	19.90	16.92	19.01	5
	7	106 IMOGEN HOPKINS	COL	20.00	17.00	18.44	3

EVENT T10 ~ FEMALE 100 METRES							
HEAT 9							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	85	LOUISE PASSEY	DUD	27.00	22.95	28.47	3
2	140	ANN JEPHCOTT	COB	27.00	22.95	26.41	1
3							
4	79	FELICITY PITT	DUD	27.50	23.38	26.7	2
HEAT 10							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	77	LAURA BEASLEY	DUD	28.00	23.80		
2	173	MICHELLE PARKER	NST	28.25	24.01	26.19	1
3	14	MANDY WARNER	SAN	29.00	24.65		
4	138	REBECCA BURNELL	COB	29.00	24.65	29.25	3
5	145	BERNADETTE PALGRAVE	COB	29.00	24.65	29.94	4
6	80	GILLIAN RUSHTON	DUD	29.61	25.17	28.47	2
HEAT 11							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	52	RUDI ZAMAN	WXH	31.00	26.35	26.31	
2	183	MELISA WALKER	NST	32.06	27.25	30.85	1
3	171	KIM STIRLAND	NST	33.02	28.07	32.78	2
HEAT 12							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	147	CHERYL DADD	COB	35.00	29.75		
2	49	GAYNOR JONES	WXH	35.50	30.18	31.31	2
3	174	PAULA MASON	NST	36.30	30.86	31	1
4	172	RUTH WHEAWALL	NST	36.80	31.28	33.19	3
HEAT 13 & 14							
	NO.	NAME	TEAM	100M	LESS 15%	TIME REC	POSITION
1	146	KATY AUSTIN	COB	37.00	31.45		
2	53	TRACEY WILLIAMS	WXH	38.00	32.30	36	1
3	105	LEANNE READING	COL	40.00	34.00		
4	148	ANITA GAVIN	COB	41.00	34.85		
5	178	PAT COUSIN	NST	41.80	35.53	36.87	1
6	177	MAI ANDREWS	NST	48.00	40.80		
EVENT T11 ~ FEMALE 200 METRES							
HEAT 1 & 2							
LANE	NO	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	88	HETTY BARTLETT	OP	29.29	24.90	29.69	1
2	250	GEORGINA CHILDS	RED	33.94	28.85	39.5	3
3	185	AMELIA MARTIN	WOR	34.00	28.90	35.38	2
4	103	ABBIE DRAPER	COL	36.00	30.60	36.47	2
5	193	REBECCA GOULD	WOR	38.50	32.73		
6	179	ASHLEIGH HOUGHTON	NST	39.40	33.49	35.44	1
6	105	LEANNE READING	COL	40.00	34.00	39.84	3

EVENT T11 ~ FEMALE 200 METRES							
HEAT 3							
LANE	NO	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	225	LAURIE BROOKS	RED	40.25	34.21	39.47	1
2	190	DANIELLE PARKER	WOR	41.00	34.85	40.5	2
3	83	JULIE SLATTER	DUD	41.51	35.28	45.9	6
4	76	BECKY PROSSER	DUD	42.00	35.70	40.65	3
5	240	AAFREEN REHMAN	SOL	42.06	35.75	40.97	5
6	106	IMOGEN HOPKINS	COL	44.00	37.40	40.75	4
EVENT T11 ~ FEMALE 200 METRES							
HEAT 4							
LANE	NO	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	256	LAUREN LOWE	DUD	46.98	39.93	45.97	1
2	180	VICTORIA ILLES	NST	47.94	40.75		
3	252	SERENA BENNETT	WOR	50.00	42.50	48.8	2
4	82	SHANNON SKIDMORE	DUD	52.00	44.20	48.95	3
HEAT 5 & 6							
LANE	NO	NAME	TEAM	200M	LESS 15%	TIME REC	POSITION
1	255	LIBBY FARRINGTON	RED	53.00	45.05	50.81	1
2	181	GEMMA MOSS	NST	53.00	45.05		
3	144	SHARON OLIVIER	COB	54.00	45.90	1.02.06	2
4	85	LOUISE PASSEY	DUD	64.40	54.74	56.75	1
EVENT T12 ~ FEMALE 400 METRES							
HEAT 1							
LANE	NO	NAME	TEAM	400M	LESS 15%	TIME REC	POSITION
	83	JULIE SLATER	DUD	02:30:00	02:07:05	2.04.47	1

EVENT F7 ~ MALE SOFT BALL THROW

HEAT 1 & 2

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
198	ANDREW HARPER	WOR	2.20	2.64		
210	AIDEN HARRIGAN	WOR	2.30	2.76	4.09	
118	SAMMY BANKS	COB	4.00	4.80	3.3	1
237	DANIEL HUDSON	SHE	4.15	4.98		
207	HARRY COLSON	WOR	5.00	6.00	1.82	2

HEAT 3

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
126	PAUL COOK	COB	6.00	7.20		
216	SAM DICKENSON-BEN	WOR	6.30	7.56		
61	DARREN JAMIESON	DUD	7.00	8.40	8.69	
108	THOMAS MACHIN	WOL	7.40	8.88	9.71	
258	SAM THATCHER-McG	WOR	7.50	9.00	6.01	2
164	DANIEL MARSH	NST	7.58	9.10		
243	MAX HALBARD	SOL	7.70	9.24		
224	GRAHAM ROBB	RED	7.98	9.58	7.39	1

HEAT 4

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
211	JON WILLIAMS	WOR	8.00	9.60		
248	DOMINIC BARNETT	SOL	8.27	9.92	6.89	1
98	RICHARD WOOD	COL	8.50	10.20	13.44	
209	BEN HANDLE	WOR	8.50	10.20	6.85	2
36	CHRIS WILLIAMS	WXH	8.70	10.44		
125	DEWEY DOUGLAS	COB	8.80	10.56		
154	NIEL DINSDALE	NST	8.83	10.60	4.45	3

HEAT 5

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
116	JEEVAN AUTHI	COB	9.00	10.80	7.68	5
135	ARCHIE JAMES	COB	9.00	10.80	8.83	3
212	GARY TURNBULL	WOR	9.00	10.80	9.72	2
130	NICHOLAS HIBBARD	COB	9.50	11.40	10.91	1
134	ALFIE JAMES	COB	9.50	11.40	11.74	
253	DANIEL NOWELL*	WOR	9.50		7.72	4
38	GARETH HOPWOOD	WXH	9.60	11.52		

HEAT 6

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
124	ALFIE TALBOT				17.3	1
127	STUART NICKOLDS	COB	10.00	12.00	13.88	
257	MAX THATCHER-McG	WOR	10.00	12.00	8.24	5
113	JAIDEN TUTT	WOL	10.22	12.26	11.65	2
110	MATTHEW WIDDON	WOL	10.40	12.48	6.63	6
208	RICHARD ALLEN-TREV	WOR	10.50	12.60	10.44	4
158	SHAUN WOOD	NST	10.87	13.04	18.53	
157	ROBERT CLARK	NST	10.89	13.07	11.26	3

EVENT F7 ~ MALE SOFT BALL THROW

HEAT 7

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
132	SEAN WEAVER	COB	11.00	13.20	8.89	4
214	BEN LEONG	WOR	11.00	13.20	10.54	3
97	MICHAEL WOOD	COL	11.70	14.04	8.84	5
117	ADAM BAILEY	COB	12.00	14.40	13.71	2
136	THOMAS BASSETT*	COB	12.00		17.57	1

HEAT 8

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
152	GYORG JAKAB	NST	12.08	14.50	10.32	4
109	JACK LEWIS	WOL	12.20	14.64	10.36	3
222	STEVEN COOPER	RED	12.33	14.80	13.44	1
156	NEIL POINTON	NST	12.56	15.07	15.6	DQ
153	ANTHONY EATON	NST	12.69	15.23	11.85	2

HEAT 9

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
236	NICHOLAS MANN	SHE	13.40	16.08	14.71	1
217	TOM BEVAN	WOR	13.50	16.20	17.61	
128	YOGA SINGH SOHAL	COB	14.00	16.80	12.76	2

HEAT 10

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
137	JORDAN GREEN*	COB	16.00		12.95	3
218	RICHARD DAYKIN	RED	16.00	19.20	17.64	1
220	NEAL JOBLING	RED	16.61	19.93	15.89	2
48	DAMON HUGHES	WXH	16.90	20.28	8.48	6
231	JONATHAN BEVERLEY	SHE	16.98	20.38	12.88	4
	NEIL MORRIS				10.92	5

HEAT 11

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
93	NIALL MOLLOY	COL	17.50	21.00	16.67	2
249	NEIL DERWENT	SOL	17.50	21.00	15.4	5
43	JASON COLES	WXH	17.96	21.55	18.47	1
115	JOSHUA ALEXANDER	COB	18.50	22.20	16.21	3
37	DAVID BELLIS	WXH	19.00	22.80	15.81	4

HEAT 12

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
259	MATTHEW WORRELL	WOL	20.25	24.30	15.2	5
221	JONATHAN WEDGBUI	RED	20.56	24.67	20.79	2
242	JAMIE THURSTON	SOL	20.69	24.83		
120	JELANI BROWN	COB	21.50	25.80		
199	LEON EVANS-LOCKLIN	WOR	22.00	26.40	19.3	3
219	SHANE DENNIS	RED	22.21	26.65	23.37	1
244	GEORGE THOMAS	SOL	22.79	27.35	17.61	4

EVENT F7 ~ MALE SOFT BALL THROW

HEAT 13

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
123	JACK GORDAN	COB	23.00	27.60	19.14	3
119	ADRIAN BROWN	COB	25.00	30.00		
223	MATTHEW PAGE	RED	25.00	30.00	22.35	2
112	DAN ATTREE	WOL	25.80	30.96	27.24	1

HEAT 14 & 15

NO	NAME	TEAM	SBT	ADD 20%	DIST REC	POSITION
3	JASON BRIDGES	NWK	26.05	31.26		
246	JAMES HARRISON	SOL	27.47	32.96		
111	SAM SMITH	WOL	27.60	33.12	27.55	
96	JOSH OSBOURNE	COL	36.00	43.20	41.7	

EVENT F8 ~ MALE SHOT PUTT

HEAT 1 & 2

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
47	ADAM ROB	WXH	2.95	3.54	3.7	
74	JAMIE ROO	DUD	3.18	3.82	3.31	2
46	ALEX HALL	WXH	3.20	3.84	3.8	1
40	NEIL MORF	WXH	3.45	4.14	4.35	
35	BILLY ROBE	WXH	3.50	4.20	4.18	1
67	PAUL WHIT	DUD	3.50	4.20	2.93	3
23	SEAN FLYN	SAN	3.86	4.63	3.4	2
33	JACK CLARI	SAN	3.90			

HEAT 3

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
29	GLEN LOVE	SAN	4.00	4.80	5.52	DQ
230	BEN BAKER	SHE	4.00	4.80	5.43	DQ
18	JOHN BRO/	SAN	4.04	4.85	3.43	4
64	DEAN YATE	DUD	4.04	4.85	3.98	3
55	CRAIG HAN	DUD	4.10	4.92	4.53	1
251	LEWIS BALI	SAN	4.10		4.03	2

HEAT 4

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
235	JONATHAN	SHE	4.13	4.96	4.06	5
56	JOHN HAZE	DUD	4.20	5.04	5.08	
204	MARK LEE	WOR	4.20	5.04	4.26	3
59	IAN DAWE	S DUD	4.33	5.20	4.2	4
63	ADRIN YAT	DUD	4.36	5.23	4.71	1
4	ADAM SWI	NWK	4.39	5.27	4.3	2

EVENT F8 MALE SHOT PUTT

HEAT 5

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
24	MICHAEL H	SAN	4.40	5.28	3.8	4
20	JORDAN SA	SAN	4.47	5.36	5.41	
232	TOM BREN	SHE	4.48	5.38	4.13	2
57	SHANE BRE	DUD	4.64	5.57		
25	LEROY HOV	SAN	4.80	5.76	3.98	3
43	JAON COLE	WXH	4.98	5.98	4.81	1

HEAT 6

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
159	DANIEL HO	NST	5.05	6.06		
259	DANIEL JOI	DUD	5.19	6.23	4.61	3
42	TONY GITT	WXH	5.20	6.24	4.3	4
205	RITCHIE ST	WOR	5.20	6.24	5.18	1
169	MATT VALE	NST	5.35	6.42	4.7	2

HEAT 7

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
21	LUKE COOF	SAN	5.62	6.74		
158	SHAUN WC	NST	5.65	6.78	5.72	2
26	SATNAM SI	SAN	5.68	6.82	5.61	4
30	WILLIAM N	SAN	5.75	6.90	5.65	3
41	PETER LOF	WXH	5.95	7.14	5.9	1

HEAT 8

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
122	MARK DAV	COB	6.00	7.20	5.22	5
133	DION HONI	COB	6.00		5.80	3
19	PAUL COLL	SAN	6.04	7.25	5.58	4
121	MATTHEW	COB	6.20	7.44		
201	MARTIN JO	WOR	6.20	7.44	5.91	1
32	DAVID WE	SAN	6.36	7.63	5.87	2

HEAT 9

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
34	GREG VICK	WXH	6.50	7.80	7	2
39	MICHAEL K	WXH	6.50	7.80		
206	DUNCAN B	WOR	6.50	7.80	5.6	3
5	COLIN BUR	NWK	6.80	8.16		
22	ANTONIO [SAN	6.90	8.28	5.34	4
	GARY STARKEY				6.54	
45	JAKE SMUT	WXH	6.90	8.28	7.31	1

HEAT 10

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
68	MATTHEW	DUD	7.10	8.52	6.9	5
200	MATTHEW	WOR	7.17	8.60	6.85	6
203	ANDREW B	WOR	7.30	8.76	7.52	2
1	MICHAEL B	NWK	7.32	8.78	6.5	7
44	RICHARD T	WXH	7.45	8.94	6.93	4
62	CHRIS MOF	DUD	7.50	9.00	7.18	3
197	IAN HARPE	WOR	7.50	9.00	7.96	1

EVENT F8 ~ MALE SHOT PUTT

HEAT 11

NO	NAME	TEAM	SHOT	ADD 20%	DIST REC	POSITION
2	NEIL PARSC	NWK	8.08	9.70		
71	MATTHEW	DUD	8.13	9.76	8.01	4
131	MARTIN M	COB	8.50	10.20	8.97	1
213	CHAD WYC	WOR	8.50	10.20	8.16	3
155	JAMES LAT	NST	8.92	10.70	8.65	2

EVENT F9 ~ MALE STANDING LONG JUMP

HEAT 1

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
198	ANDREW H	WOR	0.20	0.24		
210	AIDEN HAR	WOR	0.20	0.24	0.14	2
207	HARRY COL	WOR	0.30	0.36	0.37	
209	BEN HANDI	WOR	0.30	0.36	0.49	
154	NIEL DINSD	NST	0.35	0.42	0.42	1

HEAT 2

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
73	ANDREW L	DUD	0.44	0.53		
231	JONATHAN	SHE	0.49	0.59	0.36	2
31	CARLPATTE	SAN	0.65	0.78	1	
235	JONATHAN	SHE	0.66	0.79	0.69	1
170	RYAN BOUI	NST	0.68	0.82	0.98	

HEAT 3

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
61	DARREN JA	DUD	0.70	0.84	0.74	2
152	GYORG JAK	NST	0.70	0.84	0.63	3
258	SAM THAT	WOR	0.75	0.90	0.94	
24	MICHAEL H	SAN	0.83	1.00	0.9	1
168	STEPHEN F.	NST	0.85	1.02	1.07	
18	JOHN BRO	SAN	0.88	1.06		
237	DANIEL HU	SHE	0.89	1.07	2.27	

HEAT 4

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
221	JONATHAN	RED	0.90	1.08	0.9	2
35	BILLY ROBE	WXH	0.90	1.08	0.89	3
70	DEAN GRIF	DUD	0.90	1.08	1.24	
214	BEN LEONC	WOR	0.90	1.08	1.11	
58	PHILIP COC	DUD	0.91	1.09	0.98	1

HEAT 5

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
33	JACK CLARI	SAN	0.95			
23	SEAN FLYN	SAN	0.96	1.15	0.78	2
100	SHAY WILLI	COL	1.00	1.20	1.14	1
211	JON WILLIA	WOR	1.00	1.20		
124	BEN EATON	COB	1.00	1.20		

EVENT F9 ~ MALE STANDING LONG JUMP

HEAT 6

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
216	SAM DICKE	WOR	1.10	1.32		
251	LEWIS BALI	SAN	1.10		1.27	1
101	JACK OWEN	COL	1.10	1.32	1.04	4
253	DANIEL NO	WOR	1.10		1.18	2
28	DAVID POCS	SAN	1.13	1.36		
230	BEN BAKER	SHE	1.14	1.37	1.11	3
99	JOE WILLIA	COL	1.15	1.38		
232	TOM BREN	SHE	1.15	1.38	0.95	5

HEAT 7

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
25	LEROY HOV	SAN	1.20	1.44	0.9	6
95	WILLIAM B	COL	1.20	1.44		
257	MAX THAT	WOR	1.20	1.44	1.11	4
102	JOSHUA M	COL	1.25	1.50	1.18	3
132	SEAN WEA	COB	1.25	1.50	1	5
204	MARK LEE	WOR	1.30	1.56	1.27	2
32	DAVID WE	SAN	1.36	1.63	1.4	1

HEAT 8

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
26	SATNAM SI	SAN	1.39	1.67	1.63	2
205	RITCHIE ST	WOR	1.40	1.68	1.48	4
208	RICHARD A	WOR	1.40	1.68	1.67	1
215	NEIL SAMU	WOR	1.40	1.68	1.43	5
249	NEIL DERW	SOL	1.40	1.68	1.5	3

HEAT 9

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
136	THOMAS B	COB	1.50		1.68	3
137	JORDAN GF	COB	1.50		2.11	1
150	MALCOLM	NST	1.50	1.80	1.45	5
202	JORDAN W	WOR	1.50	1.80	1.56	4
203	ANDREW B	WOR	1.50		2.00	2

HEAT 10

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
22	ANTONIO L	SAN	1.52	1.82	1.37	5
5	COLIN BUR	NWK	1.56	1.87		
159	DANIEL HO	NST	1.58	1.90		
19	PAUL COLL	SAN	1.60	1.92	1.49	3
206	DUNCAN B	WOR	1.60	1.92	1.43	4
242	JAMIE THU	SOL	1.60	1.92		
234	NATHAN H	SHE	1.61	1.93	1.68	1
	JOHN HAYES				1.56	2

EVENT F9 ~ MALE STANDING LONG JUMP

HEAT 11

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
89	THOMAS SI	COL	1.70	2.04	1.81	3
92	ANDREW C	COL	1.70	2.04		
199	LEON LOCK	WOR	1.70	2.04	1.84	1
217	TOM BEVA	WOR	1.70	2.04	1.69	4
30	WILLIAM N	SAN	1.71	2.05	1.84	1
200	MATTHEW	WOR	1.76	2.11	1.83	2

HEAT 12

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
94	LEWIS SPR	COL		1.80	2.16	2
245	JACK HARV	SOL		1.81	2.17	
34	GREG VICKI	WXH		1.90	2.28	2.04
233	STEPHEN D	SHE		1.99	2.39	2.03

HEAT 13

NO	NAME	TEAM	SLJ	ADD 20%	DIST REC	POSITION
131	MARTIN M	COB		2.00	2.40	2.34
3	JASON BRIE	NWK		2.03	2.44	
247	WILLIAM M	SOL		2.10	2.52	1.93
90	DAVID MILI	COL		2.20	2.64	2.56
91	DANIEL TEL	COL		2.20	2.64	2.27

EVENT F10 ~ MALE RUNNING LONG JUMP

HEAT 1

NO	NAME	TEAM	RLJ	ADD 20%	DIST REC	POSITION
20	JORDAN SA	SAN		1.42	1.70	1.54
166	JAMES LAN	NST		1.55	1.86	1.72
151	LEE JONES	NST		1.56	1.87	1.32

HEAT 2

NO	NAME	TEAM	RLJ	ADD 20%	DIST REC	POSITION
167	ADAM BRA	NST		1.70	2.04	1.54
165	OSCAR SCH	NST		1.80	2.16	2.28
29	GLEN LOVE	SAN		1.87	2.24	1.65
65	IZAK GUY*	DUD		1.90		1.71
66	ELLIOT GUY	DUD		2.00		2.38
161	BEN LOVAT	NST		2.00	2.40	2.07

HEAT 3

NO	NAME	TEAM	RLJ	ADD 20%	DIST REC	POSITION
6	ANDREW B	NWK		2.24	2.69	2.29
163	ZAK BURTC	NST		2.34	2.81	3.19
129	ANTHONY I	COB		2.60	3.12	2.73
39	MICHAEL K	WXH		2.70	3.24	

EVENT F10 ~MALE RUNING LONG JUMP

HEAT 4

NO	NAME	TEAM	RLJ	ADD 20%	DIST REC	POSITION
60	KARL NUTT	DUD	3.05	3.66	3.12	4
160	TOM PORT	NST	3.15	3.78	3.28	5
196	JAMIE DAN	WOR	3.30	3.96	3.45	3
162	JOE COUCH	NST	3.40		3.70	1
155	JAMES LAT	NST	3.45	4.14	3.51	2
72	MORGAN C	DUD	3.62	4.34		

HEAT 5

NO	NAME	TEAM	RLJ	ADD 20%	DIST REC	POSITION
69	PETER BIRD	DUD	4.04	4.85	4.01	4
184	OLIVER MII	OP	4.27	5.12	4	5
17	SCOTT BRA	SAN	4.71	5.65	4.51	3
27	ROBERT PE	SAN	4.75	5.70	4.62	2
194	BEN O'BRIE	WOR	4.90	5.88		
195	RICHARD N	WOR	5.00	6.00	4.67	1

EVENT F 11 ~ MALE HIGH JUMP

HEAT 1

NO	NAME	TEAM	HJ	ADD 20%	DIST REC	POSITION
43	JASON COL	WXH	1.00	1.20		

EVENT F12 ~ MALE MINI JAVLIN

HEAT 1

NO	NAME	TEAM	JAVLIN	ADD 30%	DIST REC	POSITION
21	LUKE COOF	SAN	0.88			
128	YOGA SING	COB	7.20		6.63	1

EVENT R1 ~ FFEMALE 4 X 25 METRES RELAY

HEAT 1 & 2

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	NORTH STAFFS	78.00	66.30	1.14.16	1
3	CITY OF BIRMINGHAM	65.00	55.25		
5	DUDLEY A	58.90	50.07	55.68	1
7	DUDLEY B	44.90	38.17	1.00.09	2

EVENT R2 ~ 4 X 100 METRES RELAY

HEAT 1

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	NORTH STAFFS	121.51	103.28	2.11.43	3
2	WRESHAM	116.00	98.60	1.41.84	1
3	CITY OF BIRMINGHAM	105.00	89.25	1.43.88	2

HEAT 2

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	SOLIHULL	88.00	74.80		
2	COLESHILL	86.20	73.27	1.29.47	2
3	NORTH STAFFS A	85.53	72.70	1.25.85	1

HEAT 3 & 4

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	DUDLEY	84.90	72.17	1.25.25	3
2	WORCESTERSHIRE	84.00	71.40	1.19.78	1
3	SANDWELL	83.46	70.94	1.20.47	2
4	REDDITCH	79.00	67.15	1.23.00	1
5	WORCESTERSHIRE	75.00	63.75		

EVENT R3 ~ MALE 4 x 25 METRES RELAY

HEAT 1

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	WORCESTERSHIRE B	63.00	53.55	1.03.68	2
2	NORTH STAFFS	59.51	50.58	1.13.06	3
3	CITY OF BIRMINGHAM	56.00	47.60	54.59	1

HEAT 2

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	DUDLEY B	52.16	44.34	55.93	2
2	SHEFFIELD	50.00	42.50	1.03.66	3
3	WORCESTERSHIRE A	45.00	38.25	48.75	1
4	DUDLEY A	42.90	36.47		

EVENT R4 ~ MALE 4 X 100 METRES RELAY

HEAT 1

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	WORCESTERSHIRE A	57.00	48.45	55.28	1
2	DUDLEY A	57.52	48.89	1.07.07	4
3	COLESHILL A	61.00	51.85	56.91	2
4	NORTH STAFFS A	62.62	53.23	1.02.69	3

HEAT 2

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	SHEFFIELD	63.00	53.55		
2	WREXHAM A	66.00	56.10	58.85	1
3	NORTH STAFFS B	66.33	56.38	DQ	
4	SANDWELL A	66.46	56.49	1.02.75	2
5	DUDLEY B	66.49	56.52	1.08.00	3
6	SOLIHULL A	66.60	56.61		

HEAT 3

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	CITY OF BIRMINGHAM	70.00	59.50	DQ	
2	WORCESTERSHIRE B	71.00	60.35	1.08.75	1
3	NORTH STAFFS C	71.20	60.52	1.12.00	3
4	WOLVERHAMPTON	72.00	61.20	1.26.47	5
5	WREXHAM B	73.00	62.05	1.10.53	2
6	WORCESTERSHIRE C	73.00	62.05	1.13.89	4

HEAT 4 & 5

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	SANDWELL B	73.96	62.87	1.26.56	3
2	NORTH WARWICKS	74.00	62.90	1.24.97	2
3	WORCESTERSHIRE D	74.00	62.90	1.21.91	1
4	COLESHILL B	77.00	65.45		
5	REDDITCH	77.00	65.45		

HEAT 6

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	CITY OF BIRMINGHAM	79.00	67.15	1.21.75	2
2	NSORTH STAFFS D	79.85	67.87	1.34.89	3
3	DUDLEY C	79.86	67.88	1.20.75	1

HEAT 7

LANE	TEAM	TIME	LESS 15%	TIME REC	POSITION
1	WREXHAM C	88.00	74.80	1.24.43	1
2	COLESHILL C	95.00	80.75	1.25.75	2
3	SOLIHULL B	95.50	81.18		